

MELTDOWN

YOU'RE NOT THE ONLY ONE FREAKING OUT

7.7.24 • Mike McKay + Anna Beck • Moses Meltdown

Big Idea

Seasons that are fertile grounds for complaints, can also be fertile grounds for provision.

Key Verses

Numbers 11:4-17

Discussion Questions

1. How does Moses' reaction to Israel's grumbling reveal the internal struggle we often face during a meltdown?
2. In what situations did you find yourself complaining over this past week? What can you be grateful for in those situations?
3. How does trust and gratitude help us during times of complaint?
4. How does trusting God with your situation change your perspective on a trial you are going through?
5. What rhythms can you put in place in your daily routine that help you focus on God's provision?

Notes
