

WATCH YOUR MOUTH

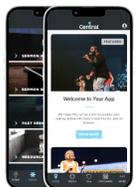
July 6, 2025 // Alicia Bruxvoort + Wibke Rees

BIG IDEA:

Your words are the indicator light of your faith—what spills from your mouth reveals who’s steering your life.

KEY SCRIPTURES:

James 3:1-13
James 1:8,19
James 2:17,26
Genesis 1:3
Psalm 15:2
Psalm 19:14
Psalm 119:11
Psalm 141:3
Proverbs 4:23
Proverbs 15:1
Proverbs 18:21
Proverbs 26:18-19
Isaiah 50:4
Matthew 5:37
Matthew 12:36
Luke 6:45
Romans 7:24-25
Ephesians 4:25
Ephesians 4:29,31-32
Philippians 1:6; 4:8,13
Colossians 4:6
2 Timothy 3:16-17
1 John 1:8-9



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1. Think about last week. What kind of spiritual formation did your words mostly reflect? When did your words bring life to someone? What impact did they have?
2. James 3:2 says, “Anyone who is never at fault in what they say is perfect.” How does this verse shape our view of spiritual maturity?
3. James compares the tongue to a spark, a rudder, and a bit—small but powerful. Which of those images hits closest to home for you, and why?
4. What does it mean for your words to be a “spiritual indicator”?
5. How do you respond when someone challenges your words? What does that say about what’s happening in your heart?
6. Have you ever tried to control your words without dealing with your heart? What was the result?
7. James 3:10 says, “Out of the same mouth come praise and cursing.” How can we become more consistent in aligning our speech with our worship?
8. Read Proverbs 18:21. What are practical ways to invite the Holy Spirit to shape what comes out of your mouth?
9. After reading James 3, what practical step could you take—silence, apology, encouragement—to let your tongue display a living, moving faith?

Dear God, When my words race ahead of Your wisdom, slow me down. When I lash out in defense or pride, remind me that silence can be holy too. When blessing and cursing flow from the same mouth, expose the root in my heart. When I’m tempted to blame others or excuse myself, bring me back to grace and responsibility. You made me in Your image—a God who speaks life. So help me use my words to reflect Your heart. May my speech heal, not harm. Build, not break. Bless, not burn. I confess I can’t tame my tongue on my own. I need Your Spirit to guide, guard, and shape what I say. Make my mouth a vessel of truth, encouragement, and love. Let my words sound like someone who’s been with Jesus. I believe You give wisdom. I believe You forgive fully. I believe You can transform my speech—because You are still shaping my heart. AMEN.