



**From Mindless to Mindful: Rethinking Your Story**  
**Nick Wolters & Charles Kirby**  
**Main Auditorium & Chapel | 11 February 2024**

**Text:** Ephesians 4:17-24

1. Read Ephesians 4:17-24. What stands out to you? What characteristics of God does this text reveal to you?
2. Can you relate to the Gentile? What was your life like before coming to know Christ? Can you relate to the experience of being set free but still living like a prisoner?
3. Are there any changes that the Lord is leading you to make in response to what you've heard today? How will you go about making these changes? How will you participate in the life of Christ?